

“ I think **everyone in this situation should go** on this retreat. We cannot find healing on our own and we need guidance. I have not found any other source to help this well!”

- Life-Giving Wounds participant



**LIFE-GIVING**  
*Wounds*

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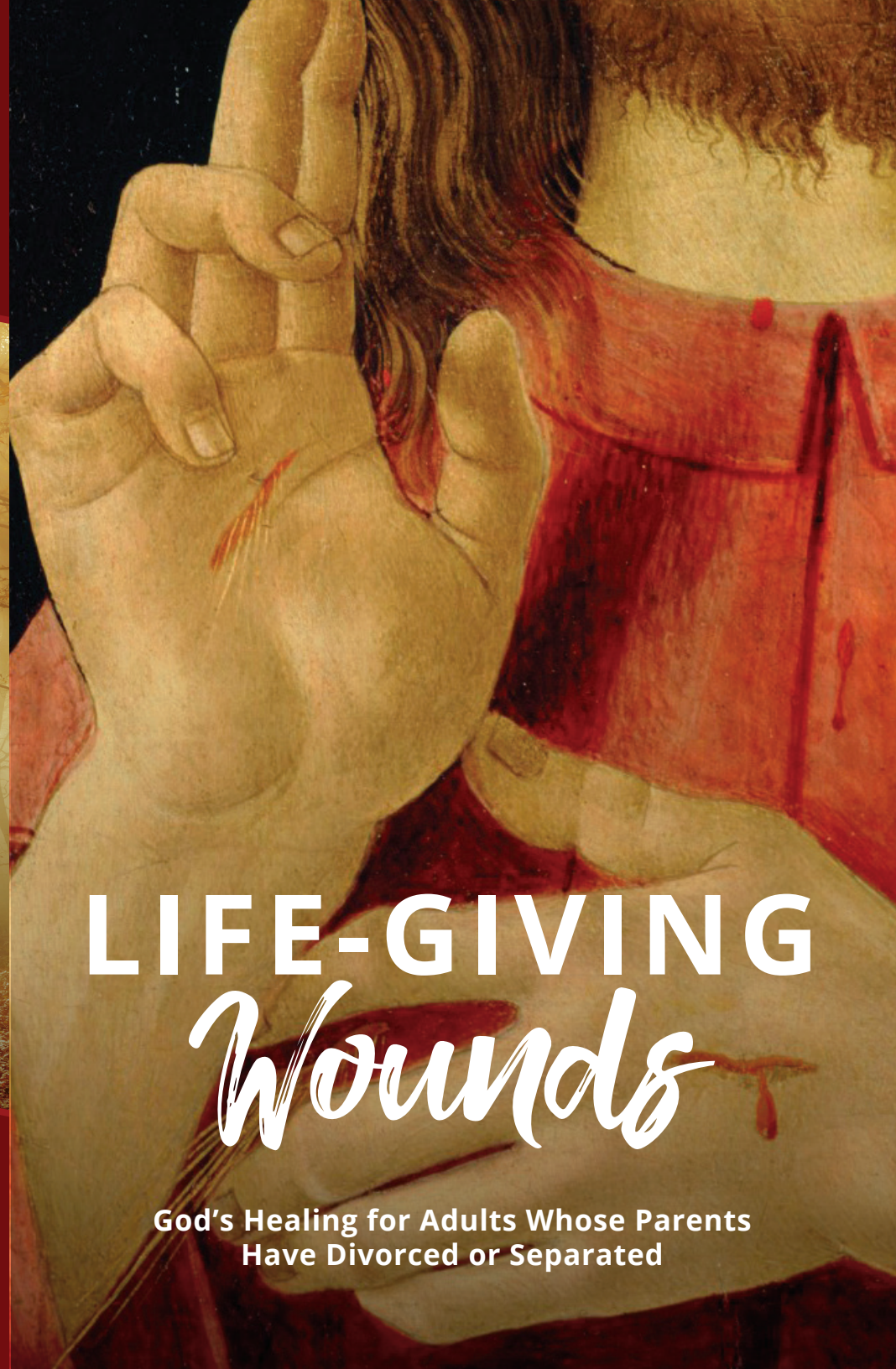
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National non-profit: [info@lifegivingwounds.org](mailto:info@lifegivingwounds.org)

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*Life-Giving Wounds is a 501(c)(3) charitable organization.*



**LIFE-GIVING**  
*Wounds*

God's Healing for Adults Whose Parents  
Have Divorced or Separated



“Life-Giving Wounds’ approach is **the future of healing for adult children of divorce, a healing grounded in right order and God’s grace**, and I encourage you to accept no substitutes.”

- Leila Miller, editor of *Primal Loss: The Now Adult Children of Divorce Speak* (2017)

## OUR MISSION

To help young adult and adults with divorced or separated parents find deep spiritual healing by providing a unique, *peer-led* ministry for Christ to transform their life-draining wounds into *life-giving* resources of faith, hope, love, and joy for themselves, their relationships, and the Church.

“By His wounds you have been healed.”

- 1 Peter 2:24

## WHAT WE DO

- **Life-Giving Wounds Retreats:** a three-day healing retreat for adult children of divorce or separation, initially led by an experienced traveling retreat team and designed as a starting point for healing and ministry
- **Life-Giving Wounds Support Groups:** ongoing support groups for adult children of divorce or separation about a variety of topics
- **Training for Leaders:** trainings and materials on how to establish and maintain a permanent peer-based diocesan, parish, or campus ministry for adult children of divorce or separation
- **Online Ministry, Articles, and Resources:** online retreats and support groups, engaging social media pages, and a website, which has first-person stories on our blog, articles, videos, a store, and helpful links
- **Talks, consultations, presentations, and webinars** on a variety of topics related to ministry for adult children of divorce or separation

“This retreat helped me to **uncover hidden wounds**, name them, and begin/continue the healing process. Absolutely recommend this retreat as we can see **we’re not alone in our sufferings.**”

- Life-Giving Wounds participant